



inclusive
communities



engaged
communities



healthy
communities



prosperous
communities



Project Evaluation Report June 2012 - March 2013



Community

noun

(plural communities)

a group of people living in the same place or having a particular characteristic in common.

the people of a district or country considered collectively, especially in the context of social values and responsibilities; society.

Introduction

Community York is a new grants fund created by City of York Council (CYC) that brings together a number of existing funding streams for voluntary sector organisations in the city. The aim of this new approach is to ensure that CYC investment in voluntary sector grant funding is managed in a cohesive and transparent manner which ensures the greatest impact and value for money for residents of York.

The fund focused on the four established community themes set by the City of York Council:

- Inclusive Communities
- Engaged Communities
- Healthy Communities
- Prosperous Communities

Following the successful launch of Community York, 14 organisations were awarded funding for their successful projects, consisting of 3 large projects and 11 small projects, ranging from £2,657 to £15,000.

Mapping Impact

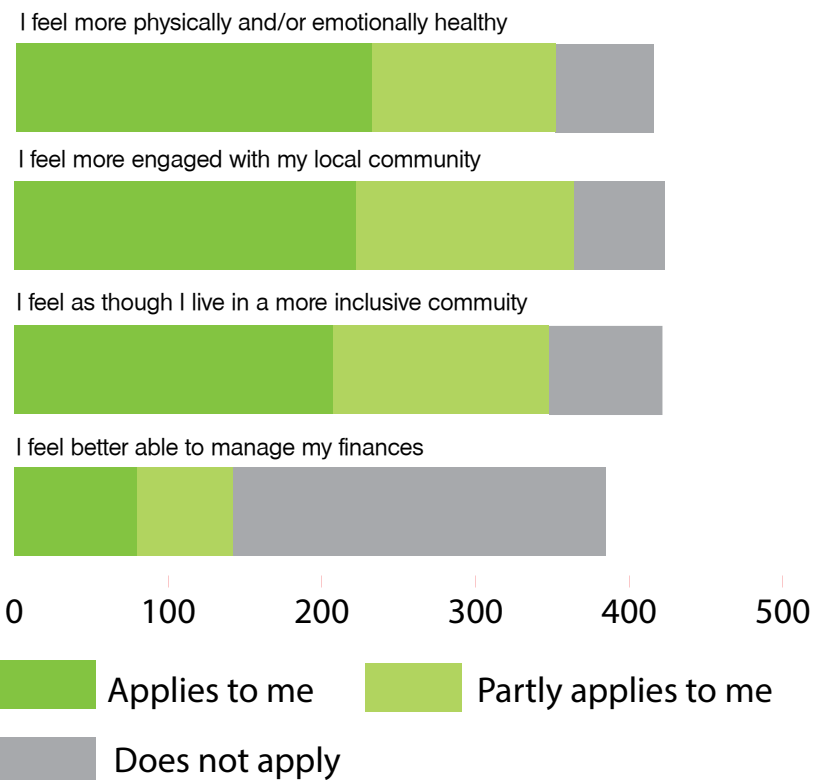
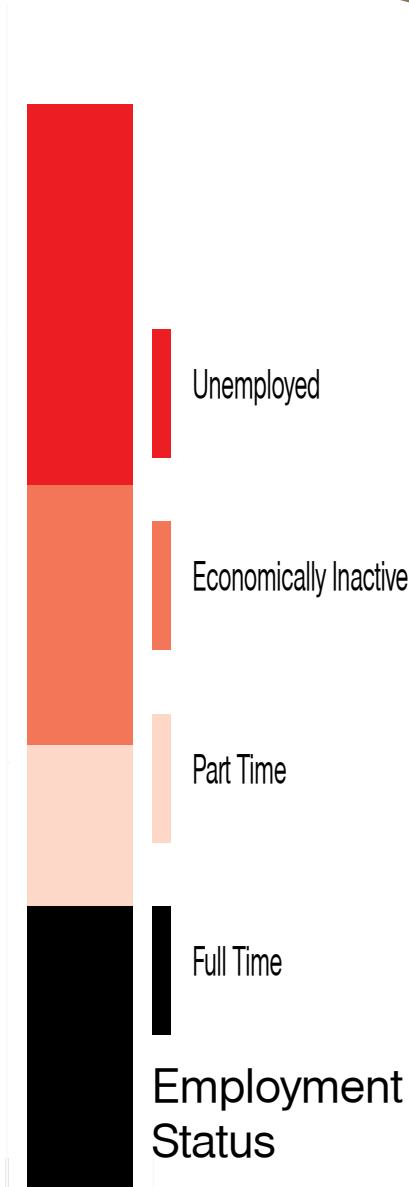
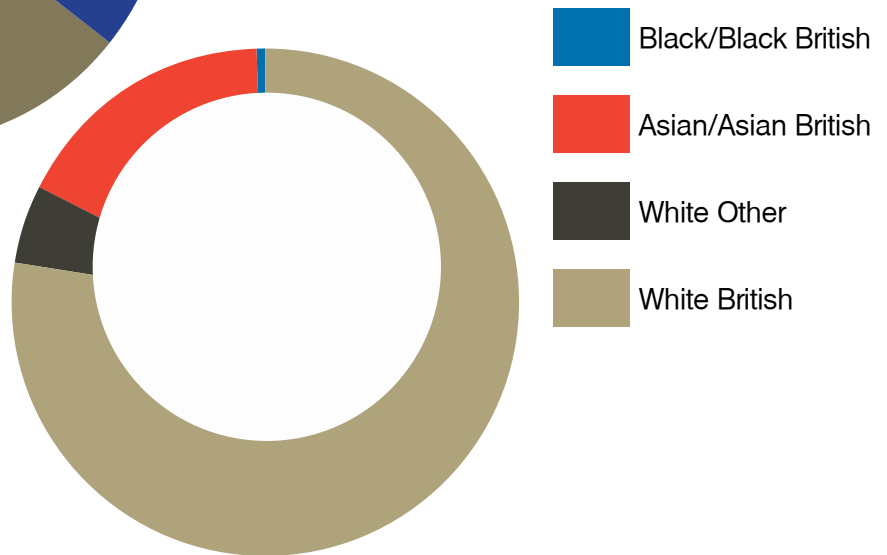
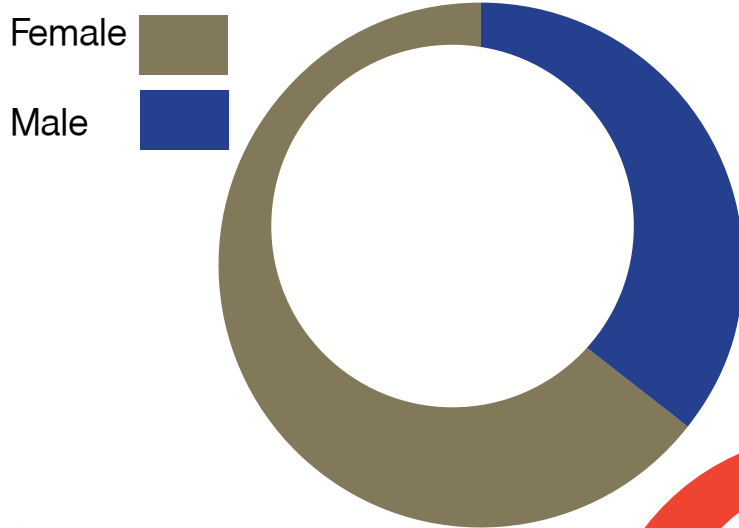
To enable Your Consortium to demonstrate the impact that the funding has on the Community of York, a suite of paperwork templates were designed.

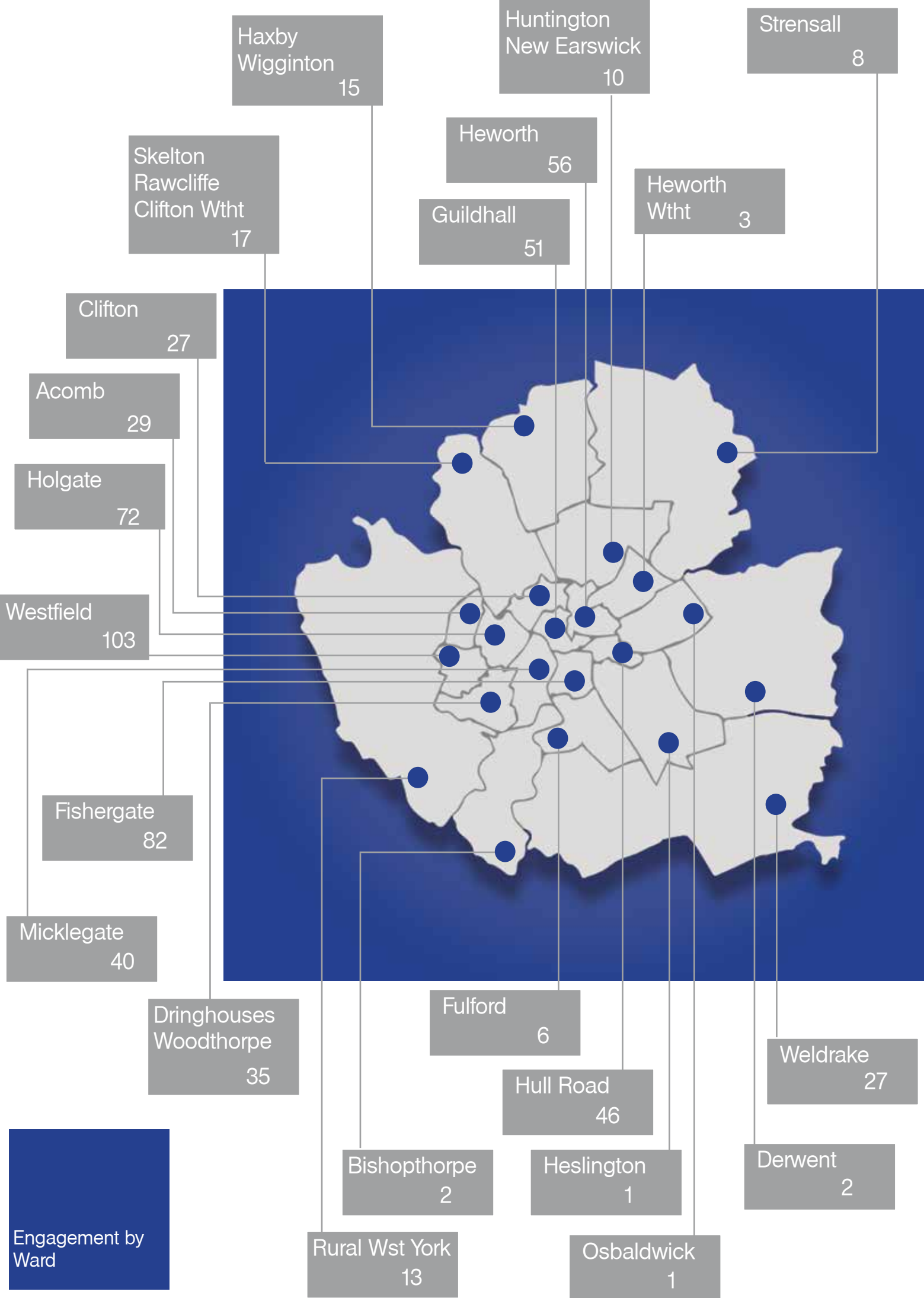
This report reflects the data gathered from each project. It should be noted that, in most cases, projects saw significantly more user engagement than they were able to capture formally - particularly when projects engaged with whole families. Therefore the formal number of participants should be seen as a conservative indication to the overall numbers of residents impacted by the programme.



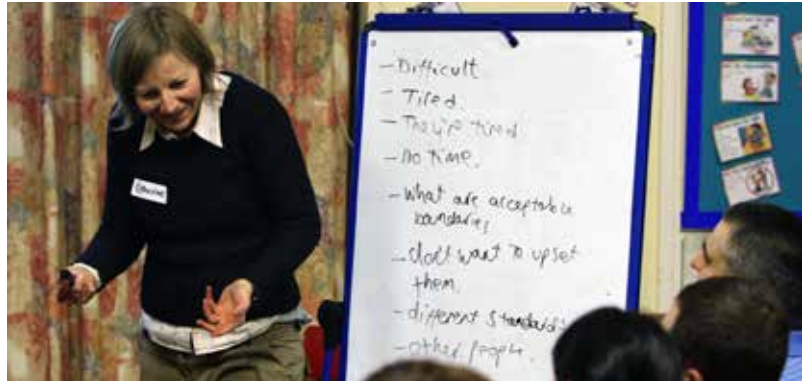
Project Overview

Number of projects: 14
Number of participants: 850
Total Value of grants distributed: £108,189.30





Healthy Communities



Family Matters York Time Out for Parents

Family Matters are a charity based in the city centre working with families to strengthen and encourage positive parenting. This innovative project ran four “Time Out for Parents” courses across the City of York. The courses were open to all parents who have children in school years 2 to 6 using established networks to ensure as many parents as possible got the opportunity to attend.

Each course consisted of 5 sessions lasting 2 hours. Sessions were run by experienced, volunteer facilitators with a focus on fun and interaction. The course gave parents tools to raise their children’s self-esteem, to improve their relationship with their child, to set and maintain reasonable boundaries and to keep their children safe.

The outcomes of the courses were parents growing in confidence in their parenting and empowered to improve their relationships with their children. Family relationships were strengthened increasing family resilience, helping to prevent family breakdown, reduce mental health issues and improve outcomes for children. Happy, healthy families create happy, healthy communities.

Participants:
40

Project Cost:
£4,820

Inspired Youth Arts and Media Project

Inspired Youth are a community of artists and producers who specialise in using art, photography and video to celebrate and highlight community action - with a particular focus on young people. Inspired Youth worked alongside users of Jack Raine Community Foundation (JRCF) to create an arts and media campaign presenting strong community role models and increasing positive physical and mental wellbeing through raising awareness of JRCF provision.

The project worked with disengaged teenagers and gave access to support from professional artists – creating a mural, encourage team working in the development of a poster campaign and the production of a short film.

Participants:
10

Project Cost:
£9,964.50

To view the video on your smart phone please scan this QR code or go to www.inspireyoutharts.wordpress.com



York Mind Mentoring Project

York Mind is a charity based in the city which aims to support those suffering with mental health issues. This project helped prevent individuals with chronic mental ill-health from becoming stuck in mental health services by providing direct support to help them move on into paid or voluntary work - either directly or via further training or education externally.

Unlike mainstream mentoring, project mentors worked with individuals recovering from severe and enduring mental health conditions eg bi-polar disorder, schizophrenia, psychosis. Using elements of coaching, cognitive behaviour therapy and counselling the project engaged and motivated individuals who fail to engage with mainstream services leaving them at risk of isolation and deterioration in their mental well-being.

The project provided intensive mentoring, encouragement, guidance and signposting to clients; predominantly those participating in our activity groups and training activities. These clients had usually spent several months with the charity and taken part in other activities, improving their self-esteem, confidence and aspirations significantly during that time.

Participants:
10

Project Cost:
£6,416

Case Study

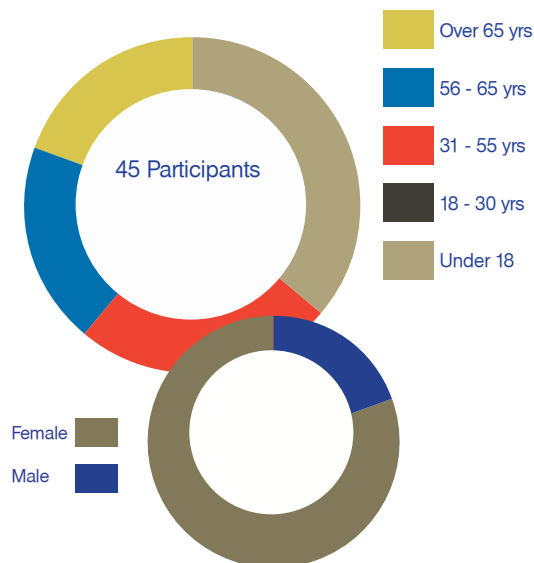
Project: Miller's Yard Care for Carers Project

Project Size: Small Cost: £2,657

Miller's Yard is a community interest company social enterprise focusing on holistic care and well-being.

The Care for Carers project supported carers who currently use Millers Yard facilities through regular meetings on Saturdays through the year. As well as providing support sessions, carers were able to access free treatment and well-being sessions from a range of practitioners, working in partnership with GP's and other community networks to signpost participants onto the programme.

The informal meeting sessions offered practical and peer support for those who are carers, allowing carers to 'connect' and allow for dissemination of support materials and information.

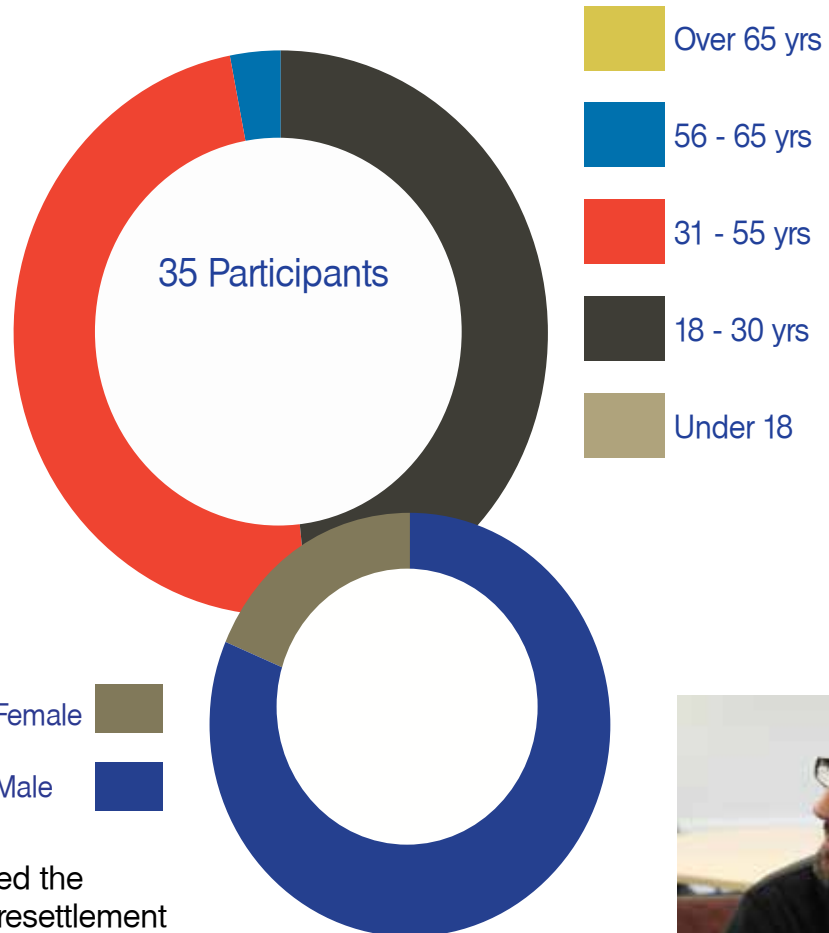


Case Study

Project: Peasholme Charity Resettlement Programme

Project Size: Large Cost: £14,481.58

The Peasholme Centre is a charitable company which since its founding in 1988 has provided crisis and resettlement services with the aim of helping homeless single people access and maintain accommodation which is appropriate to their individual needs.



Female 
Male 

Community York funding allowed the Charity's continued delivery of resettlement training to homeless people, providing access for over 30 people to undertake a range of health and well-being related activities.

These included personal development, steps to better health courses, drug awareness workshops, money management sessions and healthy eating including cookery programmes.

To see a video interview from one of the workshops please scan this QR code or go to <http://youtu.be/-1IXH8JT2EI>



Case Study

Project: York Unifying Multicultural Initiative Family Day

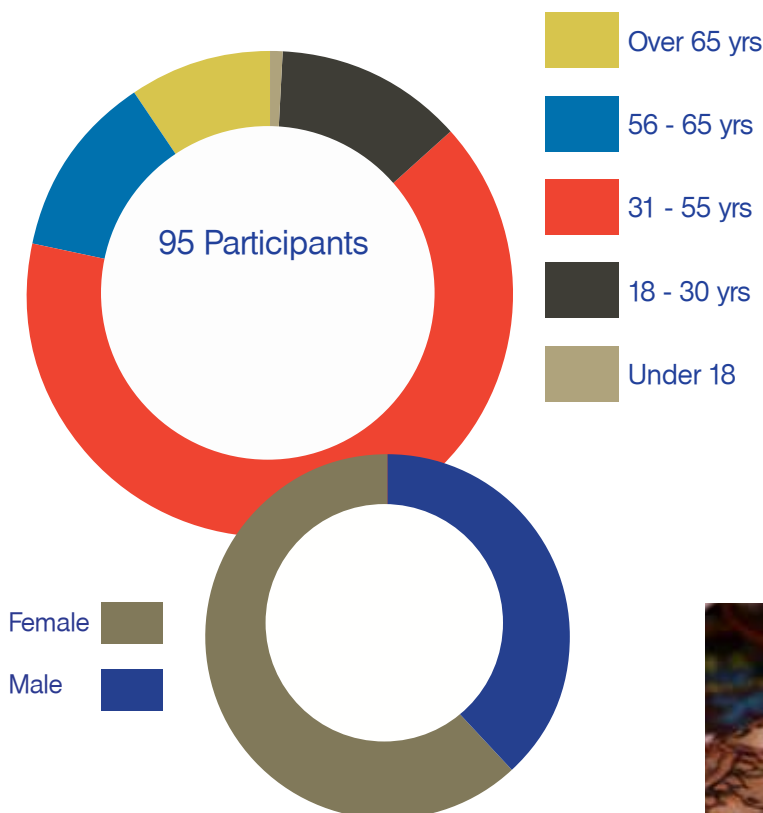
Project Size: Small Cost: £7,776

YUMI is a local voluntary inter-cultural initiative. This funding supported an International Family Day, created and delivered by York's diverse ethnic communities, which took place on 1st September 2012 at Fulford Cross Allotments. The event was open to all York residents forming part of YUMI's aim to engage more people from ethnic communities in activities and strengthen community cohesion.

The celebratory, international family event offered attendees the opportunity to explore the two garden sites and sample traditional foods from Bangladesh, Japan, Hungary, South India and Turkey. Children could engage in activities including Indian and French board games as well as exciting activities including Hanuman mask-making from India; South American Carnival dancing; lantern making from Singapore; Filipino eggshell mosaics; Indian salad-making and Singaporean wishing stars.

Entertainment was provided by BME communities performing music and dance including Latin-flavoured jazz music; Chinese folk tunes; Sikh tabla and harmonium music as well as Brazilian capoeira.

The event was successful in bringing communities closer together, developing people's confidence and tackling issues surrounding isolation and exclusion.





Celebrating York's
cultural diversity
YUMI Family Event
September 2012

Engaged Communities

Case Study

Project: Gateway Foodbank Programme

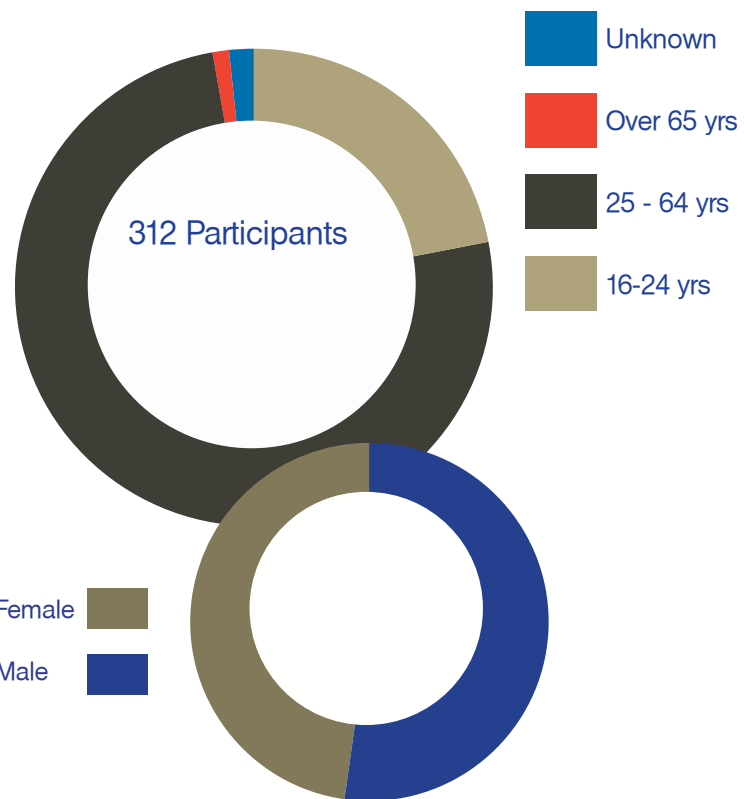
Project Size: Large Cost: £15,000

The aim of the project was to establish a foodbank providing emergency food supplies to people in crisis. Funding supported the pilot phase, which saw the opening of the first distribution point and facilitated the creation of a city-wide initiative with several distribution points, in association with the Trussell Trust.

Because Foodbank beneficiaries often presented multiple socio-economic needs, the project offered access to IAG from a range of agencies. The Foodbank initially operated on a Monday when CYC Housing & Benefits Services and CAB were in attendance. Additionally, licensed money coaches and qualified debt advisers were provided for ongoing support. The project engaged York residents of different ages and backgrounds in meeting the needs of the community in a practical way.

The project exceeded all expectations regarding impact on the community and operational achievements. The pilot anticipated holding 15 support drop in sessions and, in actuality, 24 sessions were held. It was anticipated that 1 tonne of food would be collected and offered out to the community but the project was able to source over 9 tonnes of provision.

The project facilitated the training of a new team of volunteers, acting as a legacy for the project - making sure the bank can 'happen' in the future. In addition to the volunteers, Gateway also trained professionals as referral agencies to identify people who were at risk of crisis and refer them to the food bank for support.



Case Study

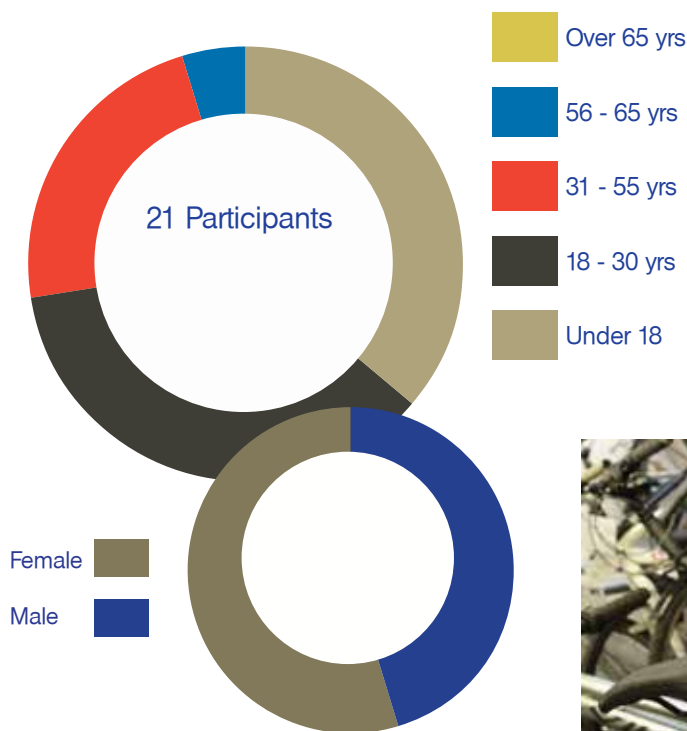
Project: York Bike Rescue Bike Refit Programme

Project Size: Small Cost: £4,500

The Bike Rescue Project recycles thousands of unwanted bicycles each year and uses a salvage and refurbishment process as a vehicle to train and empower members of the local community, giving them confidence and life skills.

The funding allowed York Bike Rescue to build on their teaching capacity and take their knowledge and skills out into the community via their mobile teaching operation offering short courses such as bike mechanics to patients at Bootham Hospital and younger people and families at Door 84.

In addition to the training offered York Bike Rescue took part in a family day organised by Door 84 and donated bikes as part of their prize draw.



AGE UK

This project aimed to enable the older people of York on low fixed incomes to improve the quality of their lives through IT.

The project had two strands, one which was a drop in session for older people to brush up on their IT skills and learn how to communicate with the commercial world, such as shopping and banking. The other strand was to set up an outreach centre, within the community offering older people the chance to learn IT skills in an environment comfortable and more accessible to them.

The project has been a huge success and helped towards older people feeling more in control of their own lives and less socially isolated.

Participants:
32

Project Cost:
£6,590

Inclusive Communities

York Racial Equality Network

York Racial Equality Network is a BME-led specialist equality infrastructure and frontline service organisation.

Funding enabled YREN to contribute to inclusion in the city by participating and supporting three events – York International Shared Meal, York Interfaith Week and Divali. In addition to this YREN also contributed to the strategic Inclusive York Board.

Provision of information on equalities matters was also provided to some residents, voluntary and community organisations and statutory colleagues.

Participants:
18

Project Cost:
£4,500

Stretch

Stretch deliver arts workshops using qualified teacher artists in a residential children's care home in York. The workshops included cultural trips to inspire and to gather ideas for the overall project working on the theme of Prejudice.

During the project participants created scrapbooks, photo/video/ audio diaries. The aim of the project was to help participants have a better chance in life by helping them to develop aspirations to succeed. The project formed a pilot for ongoing work and to encourage links with other York partners.

Participants:
7

Project Cost:
£2,140

York Stars

York Stars are a performance based community non profit theatre group in York, run entirely by volunteers, who produce theatre with and for the community.

Free creative arts based workshops were offered in the community for the local residents to access, particularly those smaller communities who are hard to reach due to issues of location or access.

Each workshop was based around the theme of a "journey", which allowed each workshop to be personal to those taking part, artists from the local community also helped facilitate the workshops.



Participants:
110

Project Cost:
£10,000

Case Study

Project: NYBEP Connecting Cultures

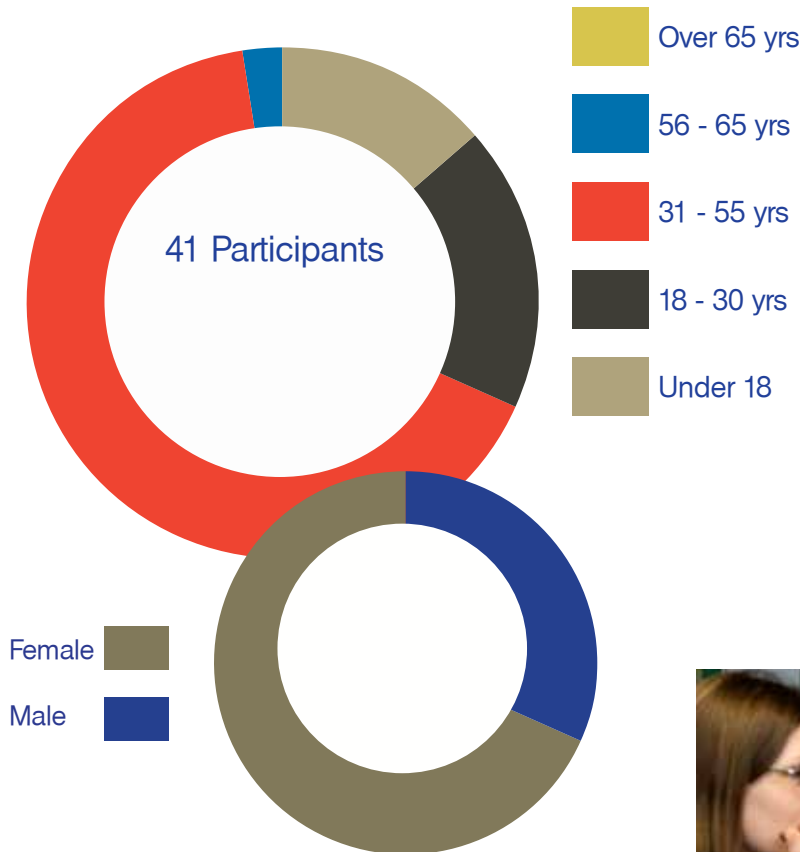
Project Size: Small Cost: £6,598.92

NYBEP is a leading education business partnership, with the specialist capability to nurture talent for successful futures. The organisation brings together schools, colleges, higher education and business, working regionally and nationally from their base in York.

Funding supported Connecting Cultures a family learning event to promote different cultures and communities within the city, encouraging greater understanding and combating negative perceptions.

Wednesday the 20th February 2013 saw over 150 families attend the event held at York High School and take part in a range of inclusive and dynamic workshops. Activities were interactive and designed as family experiences to celebrate diversity, challenge perceptions and promote new skill acquisition.

A range of experiences were on offer including story telling, drumming sessions, sign language taster sessions and catering workshops from around the world.



Prosperous Communities

Case Study

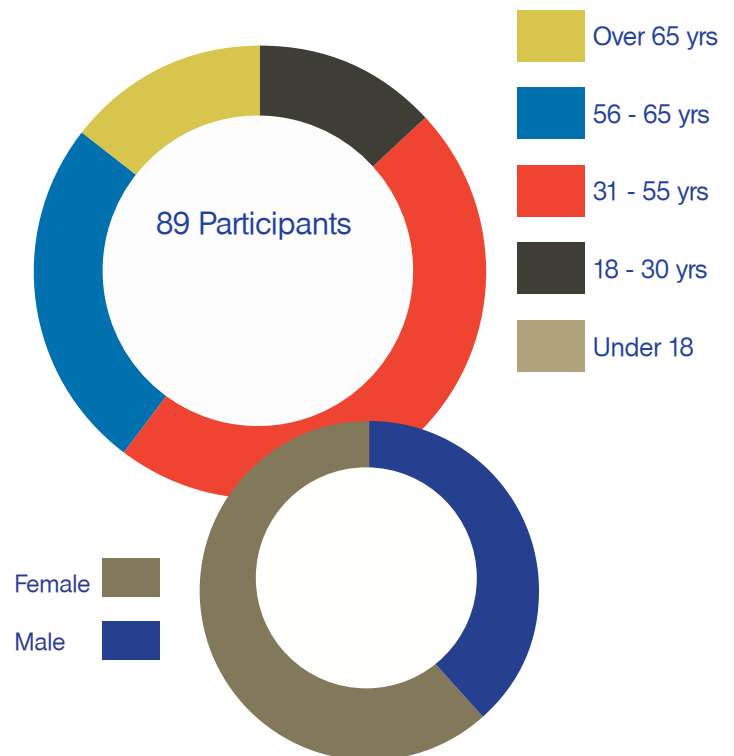
Project: York CAB Tang Hall Support Project

Project Size: Large Cost: £11,946

York CAB aims to provide the advice people need for the problems they face and to improve the policies and practices that affect people's lives. Their mission is to empower clients by giving them the information that they need to decide how to resolve their own problems.

This project created an Advice Hub at Tang Hall Community Centre and piloted an innovative, multi-disciplinary approach to providing the advice residents need, under one roof.

Led by CAB but with workers from Housing Options, Future Prospects and an experienced CAB adviser, the project provided advice on claiming in and out of work benefits, prepared residents to meet the challenges and opportunities of Universal Credits, resolve debt problems and money management including budgeting, financial planning and making informed decisions.



"This has helped us secure further funding for a further 12 months..."

The Computer Club has proved so popular that the members wish to keep it going."

Age UK

"One of the best things about working with these two groups is that they both secured funding to get their own tool kit and workshop stand so that they can continue the work we started with them."

York Bike Rescue

"I get asked to watch a great many films and read a lot of scripts, many of which are pretty dire, so it is wonderful when something with real heart comes into view.

The 20 minute mini-docu on the Jack Raine Community Foundation, turning around young lives in York has some great ingredients: real characters, honesty and some great true stories. It might make a springboard for a full documentary in the right hands. Regardless, it deserves to be seen as widely as possible, and shouted from the rooftops."

Hollywood Author/Director Brendan Foley

Gateway Social Action

"The funding enabled us to help create a more engaged community by helping York residents be a part of the solution to a local issue."

Inspired Youth

Your Consortium strengthens local communities by empowering voluntary and community organisations to achieve their rightful place as sustainable and high quality social businesses. To do this we provide:

- funding and contracting opportunities
- a comprehensive project and contract management service
- capacity building activities to ensure they can respond to the growing opportunities
- strategic influencing

We believe that social businesses maximise investment into communities. This underpins everything we do.

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